

Beginning Free Motion Quilting

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9:00 AM - 4:00 PM

Paul Smiths College VIC



Learn how to do free motion quilting on your home sewing machine. In this class, you will learn the basics of free motion quilting, including thread, batting, and fabric selection. Choosing appropriate quilt designs for all-over, background, blocks, and borders will be discussed. The majority of class time will be spent sewing – learning and practicing traditional stipple quilting as well as several popular stitch designs and fun alternatives. Each student will complete a sampler to showcase these stitching techniques, as well as a few smaller projects (kit provided).

Note: You must be able to drop or cover the feed dogs in your sewing machine; also required is a free motion quilting foot (darning foot).

Supply List

Sewing machine and equipment:

- sewing machine, electrical cords, foot pedal
- free motion quilting foot or darning foot
- quarter-inch sewing machine foot
- walking foot (optional, but helpful)
- machine manual
- electrical power strip and heavy duty extension cord

Sewing tools:

- machine needles: size 90/14, preferably made for quilting
- straight pins
- hand sewing needle
- seam ripper

- fabric scissors and small trimming scissors
- thread – a 50 weight or medium-weight thread is good, cotton, polyester, or blend (white, cream, gray, black, and a color that coordinates with your fabric)
- extra bobbins
- marking tool, such as a chalk pencil

Rotary cutting and Ironing Equipment:

- rotary cutter with new blade
- cutting mat
- ruler
- there will be one regular sized ironing station available at the class

Fabric:

- top fabric – 2 yards of a nice cotton muslin
- top fabric – various coordinating fat quarters, or coordinating fabric from your stash
- backing fabric – 2 yards of muslin or coordinating fabric from your stash
- approximately 2 yards thin, low-loft batting: cotton, polyester or a cotton/polyester blend (I like Warm & Natural)
- a few zippers: 9”, 12”, 14” or 16” (whatever you have in your stash)

